



## REACHING OUT TO THIRD WORLD COUNTRIES

NORTH ALABAMA AUTHOR PAT BROOKS, WITH THE HELP OF HER SON JOHN AND DAUGHTER-IN-LAW JULIET, WITH THE SUPPORT OF HER HUSBAND BOB, REACHES OUT TO CHILDREN IN OTHER COUNTRIES TO FIGHT FEAR.

Photo courtesy of Danielle Hart

# Feel the Fearless Roar; Fear No More

*Author and her family have created a series of books which aim to teach children to rule over fear.*

by Danielle Hart  
Community contributor

Present in over 10 countries, the *Fearless the Lion* children's book series roars with the mission of teaching children to rule over fear! Based in Huntsville, Fearless, along with author Pat Brooks, aims to build "character muscles" in today's children. Pat works alongside her son, John and her daughter-in-law, Juliet, with the support of her husband Bob. "We are trying to share with others the freedom of living a fearless life," says Pat.

Inspired in the midst of personal pain, Pat was diagnosed with colon cancer in 2005. It was at that point, Pat realized that she "wasn't perceiving, seeing and identifying fear," therefore not "addressing it." Upon recovering from surgery, she met Fearless. Her friends and family urged her to write a children's book as she saw "each character in her mind's eye." Backed



with divine appointment, Fearless the Lion came to life.

The idea of Fearless briefly appeared one year earlier as a friend's child was coming through a personal tragedy. Little did Pat know the lion would end up taking on a life of his own. "I bought the little girl a stuffed lion" and told her *'For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.'*" (2 Timothy 1:7). That is the flagship scripture that heightens Fearless' roar.

### The Fearless Roar

*I will not fear,  
Though danger's near.  
I'll let out a shout  
And turn about.  
Stomping my feet  
And smashing defeat!  
Like a lion, I'm bold  
Breaking fear's hold.  
This is my Fearless Roar!*

Juliet said she believes kids are influenced by TV, media, social media and whatever they see from outside. "They need to know they are special, different from the rest and don't have to be afraid," she said. She also believes that some children in our society today have a lack of individual identity and personal values. Juliet loves kids and questions with all the bad in the world, "Why don't they imitate what is good?" Fearless presents this good.

Fearless has ministered specifically to a toddler afraid to swim, a young adult with mental disabilities, a local women's group, children during the 2011 Alabama tornadoes, and children in orphanages around the globe. Pat believes "In our fast-moving society it is easy to catch what is passing by . . . fear is contagious but proclaiming that courage is, is much more contagious." This courage is "mental, emotional, spiritual and physical," according to Pat.

With the third book published and an adult series in progress, Pat Brooks and Fearless continue to partner and place "a foot on fear," says Pat. It was only two years ago when Pat felt like she must and was able, with the help of John and Juliet, to further Fearless's mission. Children need "to have life lessons to help them fulfill their destiny," says Pat. "And always know to let out a powerful roar of victory, one that speaks life," adds John. Roar!

One of the biggest lessons from the Fearless books is that everyone is just alike on the inside. Each animal is equal and of equal importance. "Every child loves animals," John recognizes, as the characters have "no cultural identity," thus allowing the powerful message of fear no more to bridge cultural gaps.

The series includes: *Fearless Standing Tall, Fearless Gets Giggle Bubbles, The Jump, Hop and Fearless Stomp.*

Meet Fearless' friend, Zimra is an elephant nicknamed "Paws," as she has big feet. Zimra means "songs of worth and praise." She has a pink skirt and hair bow. Each character serves as "point of reference for children who may lack self-confidence or self-image," says Pat.

The Fearless series can be found in Huntsville at Ruth's Nutrition and at The Rock Family Worship Center's Bookstore. To arrange to have Pat Brooks speak at your next event, please



Pat Brooks, her son John and daughter-in-law Juliet make a pretty good team. Brooks' *Fearless the Lion* books are available in 10 countries.

Photo courtesy of Danielle Hart



In addition to her *Fearless the Lion* children's books series, Brooks, a cancer survivor since 2005, is also in the progress of publishing a series of books for adults.

Photo courtesy of Danielle Hart

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John and his family deliver copies door-to-door in Third World countries.

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